

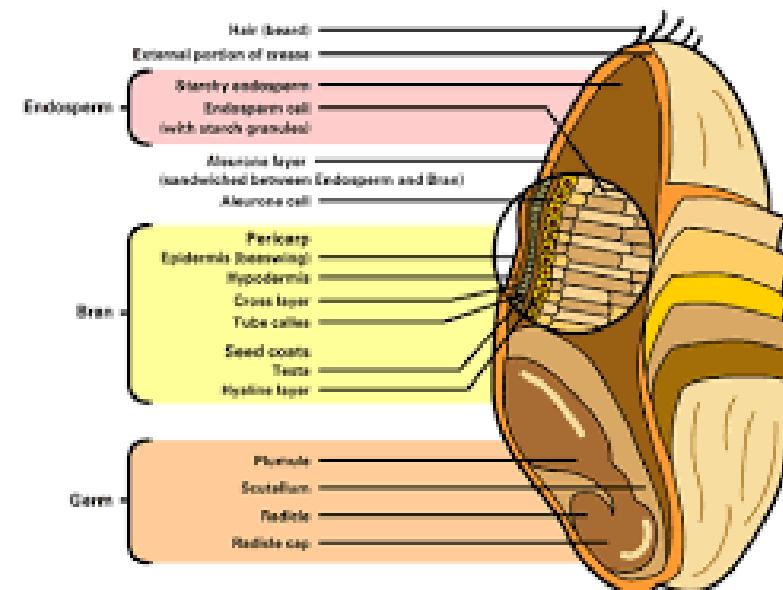
سید مرتضی سنادیزاده : مدیر عامل شرکت تولید آرد جوانه  
S.M.Sanadizadeh: C.E.O. of Javaneh flour mill Co.

# Health attainment with whole wheat flour, safety or hazard



## Whole wheat flour

Type of flour contains all parts of wheat



## آرد کامل گندم : Whole wheat flour

**Max. ash : 1.5% equal to 97% extraction rate**(ISIRI No. 103)

**note: 100 % wheat ash content: 1.8 – 2.0 %**

**Minimum protein content : 12% (ISIRI No. 103)**

**Note : Iranian wheat mean protein is less than 10%**



تامین سلامت با آرد کامل، ایمنی یا خطر؟  
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## آرد کامل گندم : Whole wheat flour

**Max. moisture of flour : 12.5% (ISIRI No. 103)**

**70% of flour granulation under 180 mic. sieve size (ISIRI No. 103)**

**Note : kind of fine flour**

## مشخصات ویژه تولید آرد کامل گندم : Whole wheat flour specifications

**High content of minerals**

**Proper amount of vitamins (vit. B groups)**

**Proper amount of nutritional raw fiber**

**High enzyme amount and enzymatic activity**

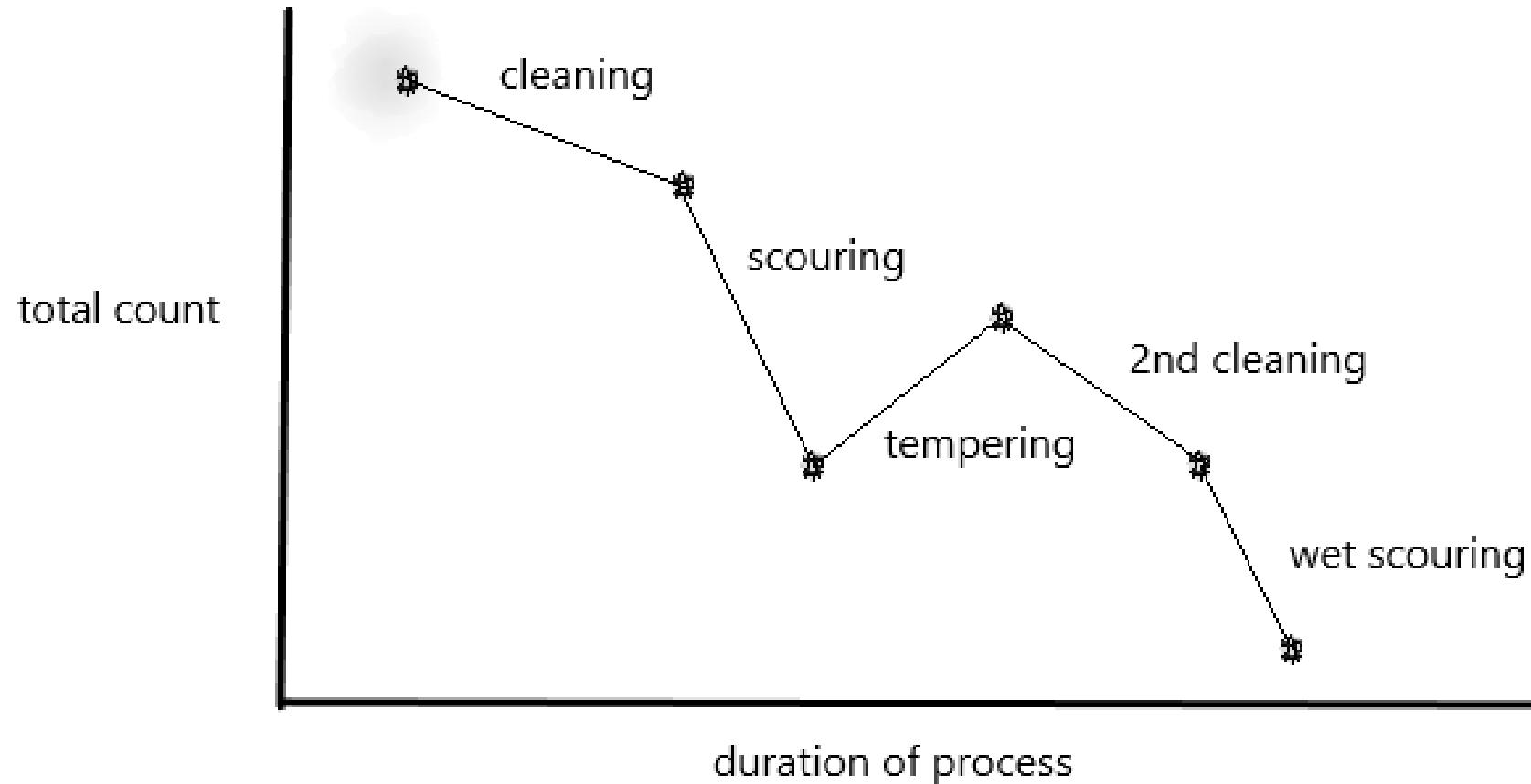
## whole wheat flour production technology

**1 - complete section of cleaning and 2 parts of scouring machines**

**2 – sensitive and proper stages of tempering**

**3 – maneuverable and complete milling flowchart**

## Whole wheat flour production technology



## Whole wheat flour production technology

**Decontamination is a partial & stagewise process during the cleaning section**

**Falling of contamination amount after each scouring section is established**

**To achieve lowest amount of contamination, wet scouring process is necessary**

## Whole wheat flour production technology

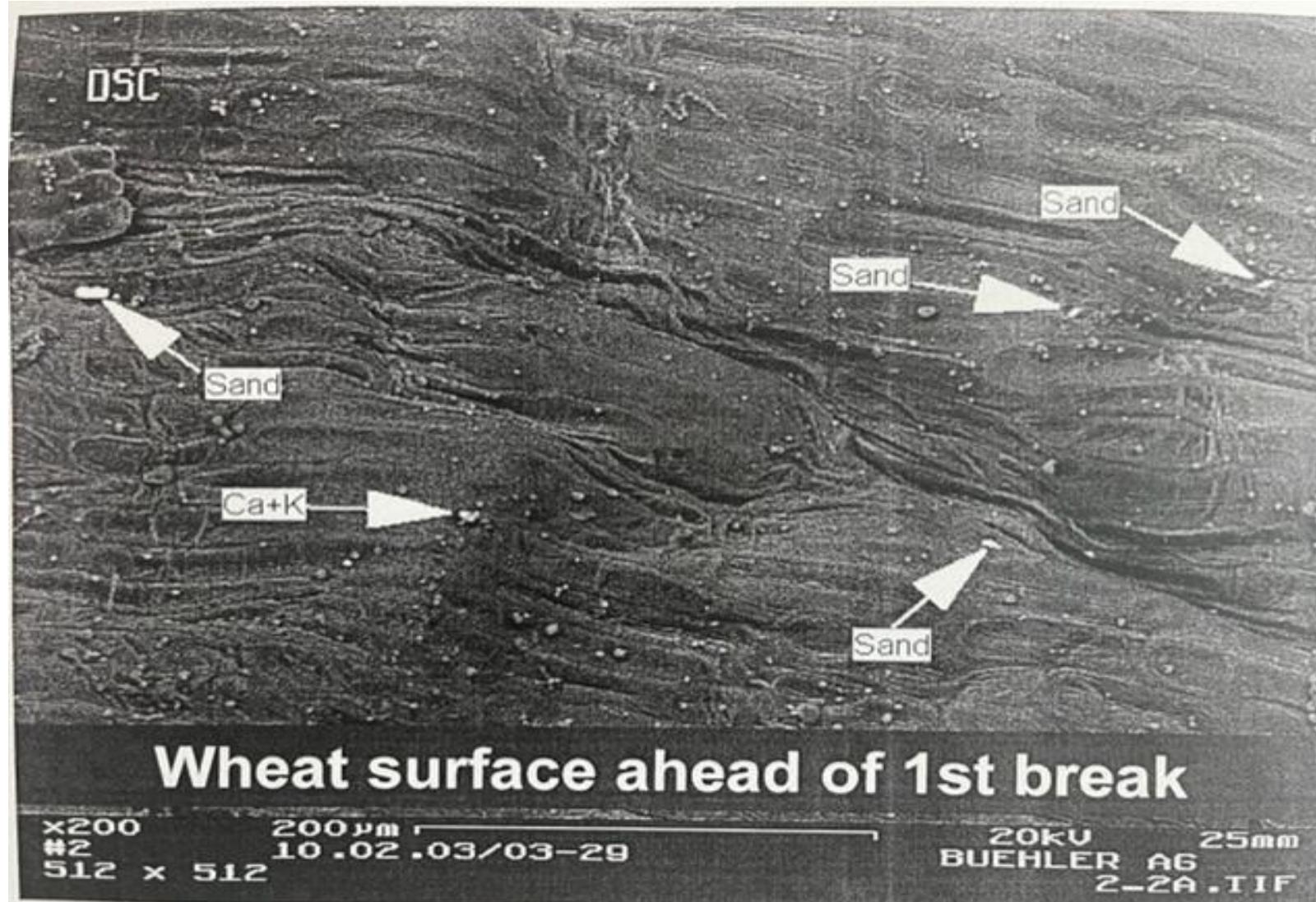
: conditioning

**Wheat under 10% of humidity is extremely corrosive**

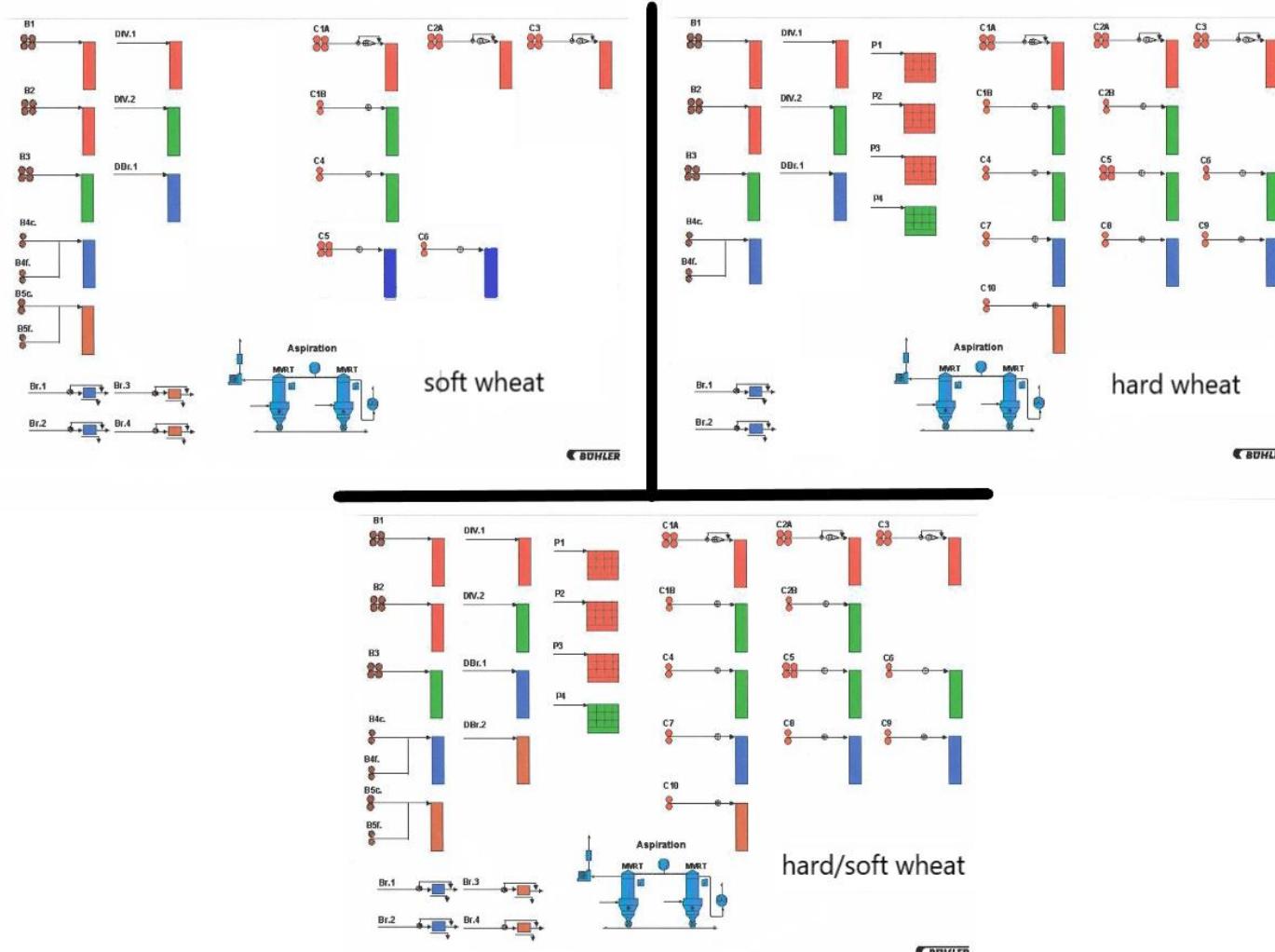
**Separating the outer layer of bran is only possible by tempered wheat**

**Starting of enzyme activities and boosting of physicochemical characteristics of flour is based on conditioning**

**Gaining fine particles of flour is based on proper humid content in milling line**

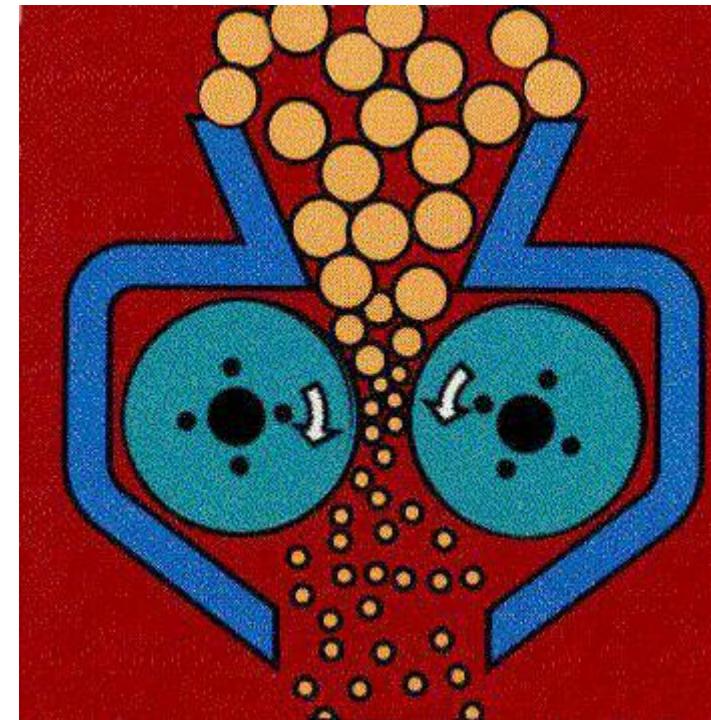


## Whole wheat flour production technology



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**Best method of milling for producing any types of flour is roller milling to avoid texture and compositions destruction**



## reason for preferring roller mill

**Short time connection between rollers and material to avoid heat transfer and destruction**

**Maneuverable vs different types wheat and production alternatives**

**Availability for separating different particles and special process for each part**

**Lower starch damage, lower broken raw fiber, lower gluten destruction, granulation ability for proper and fine flour due to humid content and flowchart**

## disadvantages of other milling methods and impact process

### A - Unable to wet process:

**1- loosing wet scouring process and unable to decontamination**

**2 – unable to separate different particles of wheat and process each particle as required**

**3 – unable to reach proper granulation because of wheat hardness**

**4 – high contamination as a result of high corrosive material in process**

## disadvantages of other milling methods and impact process

### **B – impact based process:**

- 1- impact all particles at the same time without establishing special process of each part**
  
- 2 – broken fiber, damaged starch, broken amino acid molecules as gluten raw materials**
  
- 3 – repetitive impact as a result of long durability in equipment**
  
- 4 – heat rising and molecule destruction increasing**

## Breadmaking process and requirements with whole wheat flour

**1 – long time fermentation ( more than 90 min.) which removes all harmful combinations (phytate) and extract all useful combinations for using by human digestive system**

**Fermentation also plays a role as a natural inhibitor thanks to pH of the environment to avoid micro organisms activity and longer shelf life**

## Breadmaking process with whole wheat flour

**2 – hand kneading which makes better characteristic of soft fermented dough and better bread texture thanks to removing roller from the process**

**3 – sensitive storage of flour due to enzymatic activity and shorter storage time to prevent corruption.**

تامین سلامت با آرد کامل، ایمنی یا خطر؟  
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## Thanks for your notice



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